

CORE

THEATRE ARTS LAB

TRAINING ACADEMY

PROSPECTUS

PHYSICAL THEATRE
MOVEMENT THEATRE

ACTING

MIME

VOICE

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“Good teacher subject knowledge, communication and confident delivery. Good relationships with students. Much enjoyment of session evident. Very positive attitudes to learning. The teacher adapts the lesson continuously in the light of student responses ... gives good feedback .” (Inspection report)

For more inspection reports and student feedback, please see the website
www.core-arts.uk

WELCOME TO CORE

THEATRE ARTS TRAINING ACADEMY



Providing a dynamic, focussed and creatively explosive theatre arts training, [CORE](#) offers unique professional training and development for those wishing to enter the performing arts industry. Entry is by **audition only** where three key essentials required for the industry are assessed: **Potential, Passion and Perseverance** (minimum age 17).

THE CORE TRAINING MODEL

The CORE programmes are designed to provide a unique tuition model based on the classic theatre arts *apprenticeship*, developing trainees to reach their full potential through professional level training and personal study, and receiving opportunities to gain highly valuable, relevant experience in professional performance contexts. Classes are kept small to enable individual development.



A UNIQUE PROFESSIONAL TRAINING EXPERIENCE

The trainees will be inspired, challenged and nurtured by the tutors. They will be encouraged to seek out opportunities, and press-in with full commitment at all times. The trainee will need to be self-disciplined, focused, flexible, able to work alone, as well as with a team and be fully dedicated to the professional learning process. Quality tuition and mentoring serves to make the trainee fully aware of what is required for working as a professional within the performing arts industry.

TEACHER TRAINING

We not only provide for those wishing to become performers, but also for future teachers. During their Intermediate (2nd) year, students gain experience in observing and assisting the first years in class and production; practicing teaching skills and receiving tutoring. During the Advanced (3rd) year, those who opt for it, lead partial or full classes themselves (under supervision) as they prepare for the Licentiate Trinity College Level 6 teaching diploma.

FOUNDATIONS IN PROFESSIONAL PRACTICE

(YEAR ONE)

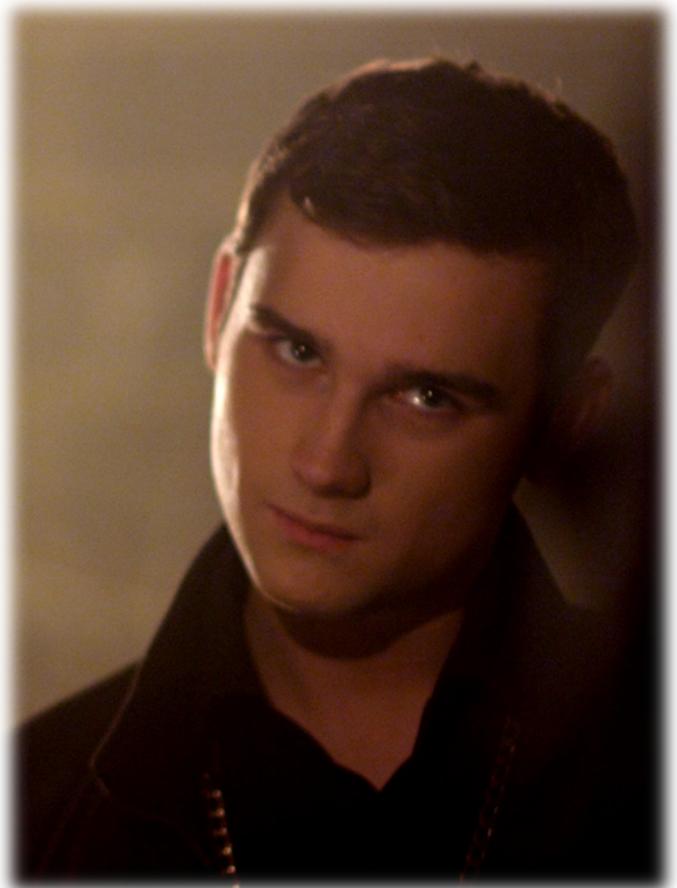
CORE's foundational programme focuses on the personal development of the individual, taking the trainee from their present stage of potential and onto the next stage of verifiable development. Trainees are taught on an individual and small group basis to enable this.

In addition to classroom training in their chosen modules (theatre, physical theatre or performance skills) and practical work experience, the trainee will also receive specialist vocational coaching and mentoring to help them make the right decisions regarding their future in the performing arts. All are prepared for interview and auditions to gain work in the industry as well as help with a showreel to audition for an agent.

Hours: 14 (classroom) plus individual study/rehearsal and one-one tutorials

Qualification gained: Trinity College NVQ Level 3

"The whole experience with CORE is impacting; to see the growth of a person and artist all at once is truly inspiring."



INTERMEDIATE PROFESSIONAL PRACTICE (APPRENTICESHIP TRAINING)

(YEAR TWO)

CORE offers this training for those who have completed the *Foundations In Professional Practice* or for those who audition and show a level of ability at minimum level 3 standard.

The course focuses on preparation for a full Apprenticeship into a [performing company](#). However, as a full Apprenticeship is very rigorous, this Apprenticeship Training prepares for this and takes the trainee significantly up a level, in order to bridge the gap between the more 'nurturing' focus of the Foundations course and the self-motivated learning process of an Apprenticeship.

Hours: 21 (classroom) plus individual study/rehearsal and one-one tutorials

Qualification gained: Trinity College Associate Diploma (NVQ Level 4).



"I have grown to the point that I've actually surprised myself of what I'm capable of doing"

ADVANCED PROFESSIONAL PRACTICE (APPRENTICESHIP)

(YEAR THREE)



Hours: 35 (including one-one tutorials, rehearsal, teaching and work experience)

Qualifications Gained: Trinity College LTCL (NVQ Level 6) Diploma in Teaching, Acting or Performing

CORE trainees will receive tutoring, be leading training sessions for the *Foundations* trainees (under supervision), be involved in [professional company](#) performance work and be given experience in areas such as backstage, technical production, marketing and front of house experience. Trainees will also be encouraged to take extra masterclasses and workshops in their chosen fields, and will be given work experience with our Partners. This level requires a full commitment and time flexibility by trainees.



WHAT IS AN APPRENTICESHIP?

Before the days of institutional education, the 'apprentice' learned alongside the 'master', not just being taught the skills of the trade, but being mentored, receiving increasing responsibility according to their development and receiving hands-on experiential training in their specific trade or craft. The apprenticeship was considered a tough but effective learning experience. From the Latin "apprendere" meaning to *seize, grasp or cling to* – the apprenticeship is a very pro-active, vibrant and focussed programme. The apprenticeship model has been proven as one of the best and most effective ways of learning. It is a self-motivated learning experience in conjunction with targeted specialist professional tuition.

"I have noticed that not only has my confidence and trust in myself have grown but my ability as an actor has grown too."

THEATRE ARTS MODULES

PHYSICAL THEATRE, MOVEMENT THEATRE AND MIME

(Grotowski, Darius, Diakonos, Derevo, Complicite, Decroux, Boal)

Physical theatre has been described as “movement-theatre-of-the-senses” motivational and emotional states expressed through the body, of universal imagery, of poetry and metaphor.

Trainees will gain a deeper philosophical as well as strong practical application and understanding of physical theatre, collaboration, improvisation and established and new contemporary performance practice. It uncovers a performer’s physical personality and presence on stage, to prepare work from a solid physical and instinctual base.



The training takes the actor beyond the realm of daily life movement and habits and into a heightened state of physical awareness, expression and performance-skills development.

It particularly suits individuals who enjoy a dynamic next-level challenge and passionately want to explore the possibilities of peak performance, through a unique physical language, expression and performance.

“I knew from the first introduction that here I'd found the sort of teacher I've been after ... It was electrifying.”

THEATRE ARTS MODULES



ACTING, THEATRE AND VOICE

(Hagen, Spolin, Shurtleff, Boal, Stanislavski)

Based on the pedagogy of **Viola Spolin** with influences from other methodologies, skill-oriented form of improvisation is a process-based approach, looking at developing concentration skills and intuitive action in a safe, non-judgmental environment.

Trainees are encouraged in a focussed environment where mistakes are seen as stepping stones within the learning process, and where freedom of intuitive action and thought are encouraged. Trainees actively observe and learn to critique themselves and others, learning to widen their perspective on life and understanding of human nature.



Character Work

Emphasis is given to building and “layering” a character, Trainees are guided through the process of developing a character: exploring physicality, voice, pre-scenario, sensory work and sub-text, with an emphasis on the ‘second skin’ of identification with the character, whilst maintaining a sense of the trainee’s own identity and exploring the differentiation between the two.

Monologues and Scene Study

Monologues are approached using a naturalistic methodology and tuition includes; preparation for exams and auditions, as well as how to approach a ‘cold’ reading. Scene study will encompass classical/ modern, comedy/tragedy. In addition, Improvisation is used to broaden the trainees’ approach to the scene, the character and the various theatrical conventions.

“The class was amazing. The teacher is a great person and teacher, who taught us important things that we need to know on the stage and in our lives too.”

LECTURING, COACHING, PERSONAL DEVELOPMENT

LECTURES AND WORKSHOPS

Subjects covered include: What is a Professional? Identity, Vision and Calling, Masks (identity) workshop, Practitioners and Systems of Rehearsal, as well as practical advice on setting up your own Company, Showreels, finding an agent and other industry-related topics.

PERSONAL DEVELOPMENT AND VOCATIONAL COACHING

With an emphasis on three-dimensional training (mind, body, spirit and emotions), CORE Theatre Arts Lab seeks to develop the whole person focussing as much on character and personal development as on artistic and skill development. Personal one-one mentoring is included in our programmes, and the nature and structure of this is agreed with the trainee at the outset. Trainees are given in depth advice and support on progression and personal development.



EXAMINATIONS & QUALIFICATIONS

Courses are designed to train for the industry which does not require formal qualifications, so entrance into Exams is **optional** for those CORE trainees who would like a formal qualification.

Trinity College offers **Reasonable Adjustments** for students who have special educational needs. All of the exams are vocational. Only the Level 4 and 6 Diploma in **teaching** requires essay writing.

CORE
THEATRE ARTS LAB

TRAINING ACADEMY

THE COURSE LEADERS



PHYSICAL THEATRE

Danny Scott has a BA in Theatre Arts and an MA in Liberal Arts (physical theatre, devising and directing), Certificate in Mime/Physical Theatre (Double scholarship at London Mime Centre, 1984) and has been performing professionally all over the world. He has been a director, trainer, lecturer and working in corporate consultancy since the 1990s. Danny has given workshops and masterclasses in R.A.D.A, the Academy Drama School, Mountview Theatre School, alongside many others in the UK, Europe, Russia, Scandinavia, USA and Australia. Danny performed his debut show on the London West End in 1989. He founded two companies: Diakonos Physical theatre 1993-2000, and currently PointZero Physical Theatre. Danny has consistently been awarded Outstanding (Grade One) for teaching skills, has several teaching and training awards and holds an enhanced DBS certificate.



ACTING AND VOICE



Mary Scott had a background in semi-professional dance (ballet, jazz and modern) and classical voice before training in 1993 in Acting and Theatre at the Academy of Performing Arts, Ontario followed by a year's Apprenticeship with a professional company. From 1995 she was acting professionally and teaching acting and drama skills mainly in youth and student theatre contexts: Stagecoach, The XL Project, The Pauline Quirk Academy and Oxford Royale Academy amongst others, including training students for LAMDA exams. Since 2007, Mary has been writing, producing and directing her own plays and founded

TouchPoint Productions in 2010. In 2017 she made an award-winning short film "Seeing Grace". Mary has consistently been awarded outstanding (Grade One) for teaching skills, holds an enhanced DBS certificate, has Specialist Certification in Child Safeguarding, is a qualified Careers Coach and experienced Learning Support Coach.

ADMISSIONS POLICY



CORE Training Academy is under the governance of **Phoenix Performing Arts Trust**, a registered charity www.patrust.uk

CORE's policy is of **full inclusivity**, including applications from those who are disadvantaged educationally or financially, including ex-offenders, or those without GCSE qualifications who are over the age of 16.

Phoenix Performing Arts Trust raises **bursaries** for those unable to meet the costs of CORE courses and can award full or part scholarships to those who through audition show potential and full commitment to the learning process. Please contact this address for more information: phoenix@core-arts.uk.

PROGRESSION

The courses are all aimed at helping trainees to find direct entry into the industry.

Foundation & Intermediate Trainees immediately qualify for **Equity** Student Membership as they are training over NVQ level 2 as specified by The Equity Actors' Union.

Advanced Trainees qualify for student membership of **Spotlight** upon Graduation

CORE endeavours to assist and advise trainees, including working with their Partners to provide work experience and possible employment after graduating.

Exceptional Trainees may be offered work with CORE's performing companies: *TouchPoint Productions* and *PointZero Physical Theatre*.



Contact & application details overleaf >>>

OPEN DAYS AND AUDITIONS

OPEN DAYS AND AUDITION OPPORTUNITIES WILL BE
POSTED ON THE WEBSITE



CONTACT AND APPLY

office@core-arts.uk

07719 760924

[Link to online application form](#)

More information and apply via the website: www.core-arts.uk

The Academy is situated in Coventry, West Midlands.

CORE

THEATRE ARTS LAB

TRAINING ACADEMY

Under the Governance of:
Phoenix Performing Arts Trust

Reg Charity 803728

www.patrust.uk